



500 Dyer St. Santa Maria, CA 93455
(805)938-8925 fax :(805)938-8919

ORCUTT UNION SCHOOL DISTRICT

CHILD NUTRITION DEPARTMENT

"We feed the future"

Minutes for Wellness Committee Meeting June 6th 2017

Many thanks this year...Veggie Rescue & Jr. HS sites for gleaning veggies. Holly Edds for facilitating revisions of LSWP to meet USDA Final Rule regulations by June 30, 2017.

Walter Conn gave thanks to Bethany Markee for being student-centered when making menu selections and getting personal with the students to learn their likes vs. dislikes. Many great comments to the foods and new items selected for next school year. Walter Conn gave a brief update of the updated district Wellness Policy. He reminded the committee that these regulations are set forth not by the district but come from the federal government and USDA. The Wellness Policy is to support Student Wellness including: physical activity and education to support wellness, always having access to clean, safe drinking water, nutritional guidelines for school meal programs, and other foods sold and not sold (rewards, class parties, and other school-sponsored) events, avoiding non-nutritious foods given for performance. Corrective action can be given as well as in the form of monetary discipline. Continuing the discussion to bring non-food alternatives to the table to rewards, fundraisers, class parties and other school-sponsored events. Mr. Dana requested additional resources for healthy lunchbox selections, which could be handed out at Back-to-School events, PTA meetings, teacher conferences and such.

It was suggested that these be made available on the district website, as well as the Quick Reference cards. The district has a rollout plan to share the updated Wellness Policy and supporting documents.

Discussions were had about alternate fundraising. The current regulations are in effect from midnight through 30 minutes after the conclusion of the school day. Bethany has researched numerous options, including smoothie machines that meet all regulations and guidelines. (A simple online test can be taken to become certified food handler of these machines). It was stated that class parties and birthdays are perhaps the largest challenge during the school day with regards to loss of instructional minutes, as well as challenges to prevent "cupcake deliveries" sometimes multiple times per week, as well as other non-nutritious items that could also be risking student health with regards to allergies, and special dietary requirements (diabetes).

Lunch on the Lawns: Discussion including options for the Food Service Dept. to cater these events like a recent Fiesta Bar; it was suggested that a list of the dates be compiled so that there would not be a schedule overload on the Food Service Dept.; it was suggested that these types of events could have the potential to be a profit-share with parent groups and used a fundraiser.

The School Wellness Summit will be held on October 18, 2017 from 8:30-3:30 at the Santa Ynez Marriott. The district is looking to assemble a delegation to attend this event, as well as other professional development trainings in the series provided by the Santa Barbara School Wellness Council. Events can be found at www.SchoolWellnessSummit.org. A \$5,000 health and wellness grant is also available and the SBC School Wellness Council is accepting application until Sept. 1, 2017. Details for the grant are also on the website.

It was noted that many different things are happening around the district to move the needle and to reach the goals of the revised Wellness Policy.